



2009/2010 NDA Dance Divisions



STANDARD STUDIO / ALL-STAR DIVISIONS

Tiny	• 5 years & younger	Open				min. of 5 members
Mini	• 8 years & younger	Jazz	Pom	Hip Hop		min. of 5 members
Youth	• 11 years & younger	Jazz	Pom	Hip Hop		min. of 5 members
Junior	• 14 years & younger	Jazz	Pom	Hip Hop		min. of 5 members
Senior	• 18 years & younger	Jazz	Pom	Hip Hop	Variety	min. of 5 members
Open	• 14 years & older	Jazz	Pom	Hip Hop		min. of 5 members

The age of the competitor as of August 31st, 2009 will be the age used for competition purposes for the 2009-2010 season for all divisions (Exception: the cut-off date for the maximum age of the Senior teams (18) will remain May 31st, 2009 for the 2009-2010 season). For the 2010-2011 competition season it will change to August 31st, 2010

International teams may enter any USASF division as long as they abide by the age restrictions of that division.