

TERMINOLOGY



1st position *



2nd position *



3rd position



4th position

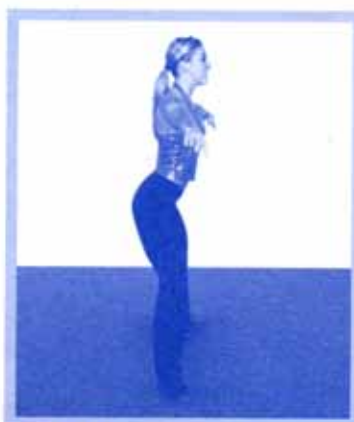


5th position

* 1ST AND 2ND POSITION CAN BE PERFORMED IN PARALLEL



Plié (Correct) to Bend
side view - correct position; hips under, knees directly over toes, turned out 2nd position



Plié (Incorrect)
from side, incorrect position



Ballet passé
turned out position; pointed foot, cupping the front of the knee



Passé parallel or jazz passé
pointed foot, arch placed against the inner curve of the knee

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Working leg extended, turned out from hip; supporting leg in plié)



Working leg achieves full 2nd position; toe pointed, retaining turned out position, supporting leg straight



Working leg pulls into passé (turning)



Working leg to ballet passé (turning)

Four principle body positions in Fouetté turns



Arabesque

body position supported on one leg, while the other leg is extended behind at a right angle



Battement

beating - working leg is raised from the hip and returned with a straight supporting leg; can be performed in multiple positions



Grand Jeté

throwing step - working leg brushes to ninety degrees; may be performed in multiple directions



Leap in 2nd

utilizing turn out to execute a toe touch position; may also be called a center leap or side leap